The Himalayan Mail

Kriti Sanon Recalls Breaking Down During Bhediya Promotions: 'I Started Crying'



ollywood star Kriti Sanon recently shared her experience with the intense burnout that actors face while promoting multiple films back-to-back. Reflecting on the demanding schedule, Kriti revealed that she had a breakdown during the promotions for her film Bhediya, a time when she was juggling several other projects.

Speaking to Ranveer Allahbadia, Kriti said, "Promotions can be very tiring. I almost had a breakdown when I was promoting Bhediya. That year, I had two or three other releases, so I had already done promotions two or three times before. While promoting Bhediya, we were traveling to different cities back-to-back. We even took a charter at night, jumping cities, sleeping at night, going to another city, doing interviews, and repeating the same things again and again. I wished I could have my answers on a tape recorder. Like, dial 1 for this question and 2 for another. By the end of it, both Varun [Dhawan] and I had memorized each other's answers."

Recounting her breaking point, Kriti said, "On the last day of promotions, I was $supposed\ to\ appear\ on\ a\ reality\ show.\ I$ was getting ready in my vanity van, and during some conversation, I started crying. I said, 'I'm very tired; I can't do this. I'm exhausted.' Everyone around me froze. It affects your mental health.'

Kriti also emphasized that while she loves acting, the additional pressures of the film industry, such as constant traveling and back-to-back events, often take a toll. *She admitted that stress sometimes pushes* her to rebel against the routine. "Sometimes, I become rebellious. Like, I'll refuse to attend an award show. Once, I told my stylist I wouldn't go for a photoshoot, and she said I'd have to buy the outfit if I didn't go. So, I bought it. Bad mein jaake fatka laga mujhe but... (Later, I realized it made a dent in my pocket, but..."

Beyond her acting commitments, Kriti has also ventured into production. She recently appeared in Do Patti, a Netflix release where she played a double role for the first time and made her debut as a producer. The film marked a new chapter in her career, showcasing her versatility both in front of and behind the camera.

Kalki 2 Shoot Delayed Due To Deepika Padukone? Actress Prioritising Daughter Dua, To Resume Work Later



After the massive success of Kalki 2898 AD, fans have been eagerly waiting for the sequel. However, it looks like they will have to wait a little longer. Reportedly, the shoot for Kalki 2 was supposed to begin in the summer of 2025. However, it is now likely to be postponed.

Recently, Deepika Padukone and Ranveer Singh held a private event in Mumbai where they introduced paparazzi to her daughter Dua. Now, several reports claim that during the event a media personnel asked Deepika about Kalki 2. To this, the actress stated that baby Dua was her top priority. She mentioned that she is not in a rush to resume her work commitments and does not want to leave her little princess with a nanny for now. "I will raise my daughter myself, just the way my mom raised me," Deepika said at the event, as quoted by Bollywood

Deepika and Ranveer welcomed their daughter Dua Padukone Singh on September 8, 2024. They shared

the news of their daughter's arrival through a lovely post on social media. In November, the couple revealed that they have named her Dua, and explained its significance. "Dua Padukone Singh 'Dua': meaning a Prayer. Because She is the Answer to our Prayers. Our hearts are filled with Love & Grati-tude.Deepika & Ranveer," they wrote. Meanwhile, talking about Kalki 2898 AD, the film

released on June 27 this year and also stars Prabhas, Kamal Haasan and Amitabh Bachchan in the lead. The film gained an overwhelming response from the audience and earned over Rs 1000 crore at the world-

Previously, director Nag Ashwin lauded Deepika's natural instinct for her character in 'Kalki,' stating, "She is the most important part of the story. We had a lot of discussions on it when we were writing as well. I think the simplest answer that we arrived at was whose character do you remove and the story does not exist? And that became Deepika's character.

Donal Bisht is an Indian actress born on 27 August 1994

in Alwar, Rajasthan. Donal Bisht is an Actress, Model.

Kamya Punjabi Bashes Avinash Mishra, Backs Chum Darang In Bigg Boss 18: 'What Is This Attitude?

The former Bigg Boss contestant often shares her views regarding the developments in the ongoing 18th season of Salman Khan's show. Recently too, Kamya took to her X (formerly Twitter) account and slammed Avinash Mishra for calling Chum non-deserving in Bigg Boss 18. She backed Chum and questioned Avinash's attitude in the show.

"My God, what kind of attitude is this? I really like #Avinash, but calling #Chum not deserving for the 14th week is so sick. Well, #ChumDarang definitely deserves to win #BiggBoss18 @ColorsTV @chumdarang," Kamya

This is not the first time that Kamya Punjabi has lashed out at a Bigg Boss 18 contestant. Previously, she also criticized Karan Veer Mehra and Vivian Dsena for their junior artist remark. Kamya accused

them of demeaning the junior artists in their statements.

"Karanveer ne Vivian ke liye Junior Artist word use kiya, Vivian ne Chahat ke liye... So Dono hi galat hue na... tum log aapas meh kyu lad rahe ho??? Support your favourite, but don't be blind; jo galat hai woh galat hai... (Karan Veer used the word junior artist for Vivian; Vivian used it for Chaahat... so both are wrong. Why are you guys fighting



with each other??? Support your favourite but don't be blind; what is wrong is wrong)," she wrote.

Speaking about Kamya Punjabi's professional life, the actress has been part of several popular shows – Shakti: Astitva Ke Ehsaas Ki, Doli Armaano Ki and Sanjog. She has also been a part of the controversial reality show Bigg Boss 7.

Tejasswi Prakash Burns Her Hand During Celebrity MasterChef Shoot, Shares Photo Of Her Injury

Tejasswi Prakash recently burnt her hand on the sets of Celebrity MasterChef. On Sunday, the actress took to her Instagram handle and shared a selfie in which she was seen showing her injury. However, despite her injury, Tejasswi donned her million-dollar smile and wrote, "The show must go on".

Soon after Tejasswi shared the picture of her injury online, fans expressed concern for the actress and asked her to take care of herself. "Get well soon, Teju," one of the fans wrote. "It's okay, play safe," added another. Check it out here:

For the unversed, Tejasswi Prakash will soon be seen in Celebrity MasterChef, which shooting for which recently began in Mumbai. Earlier this month, Tejasswi confirmed her participation in the show and shared, "Reality TV has taught me to be fearless and authentic but cooking on national television is a whole new level of vulnerability. I truly believe that food is a love language, so I've decided to put my heart (and culinary skills) on the line to impress the audiences and I hope this is a recipe for success.

Hosted by Farah Khan, the show will be judged by Vikas Khanna and Ranveer Brar. Besides Tejasswi Prakash, several other actors $will \ also \ be \ seen \ in \ Celebrity \ Master Chef. Among \ others, Gaurav$ Khanna, Dipika Kakar Ibrahim, Usha Nadkarni, Chandan Prabhakar, Archana Gautam and Rajiv Adatia have been signed as contestants of the show.

Talking about Tejasswi Prakash, she was last seen in a 2024 music video, Revolver, sung by Gippy Grewal, Kabal Saroopwali and Kulshan Sandhu. Ahead of this, she was seen in the television show Naagin 6. Last year, she also made a special appearances in Temptation Island: Pyaar Ki Pariksha Herself, followed by Family Table and Laughter Chefs—Unlimited Entertainment.

